

BOARD MEETING DATE: February 17, 2026

ITEM NO: VIII-B \_\_\_\_\_

RECOMMEND THAT \_\_\_\_\_.

Informational Item Only

THIS RECOMMENDATION \_\_\_\_\_.

# Alumni in Action

Networking & Career Exploration

FEB. 19  
5-6 PM  
Student Center  
Lakeside Room

## From Sentinels to Success: Then ➤ Now ➤ Next

### What to Expect

- Hear real alumni stories — from student to workforce
- Learn how NFC prepared Sentinels for life after graduation
- See how alumni stay connected and continue to give back

### Event Highlights

- Alumni panel sharing career journeys
- Digital Sentinels to Success showcase
- Light refreshments & conversation

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*Hosted in partnership with*  
NFC Foundation • Career & Transfer • Student Life

# STEP IN / STAND OUT!



## Collect Steps Earn Perks

# SCAN. STEP. STAND OUT

This spring, getting involved pays off—literally.

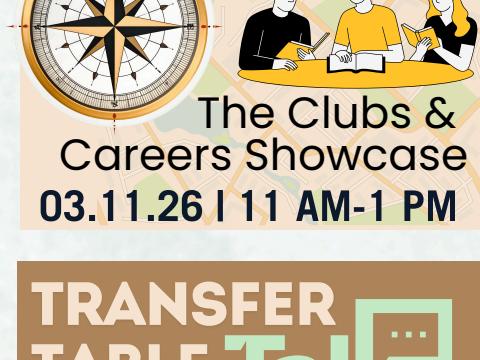
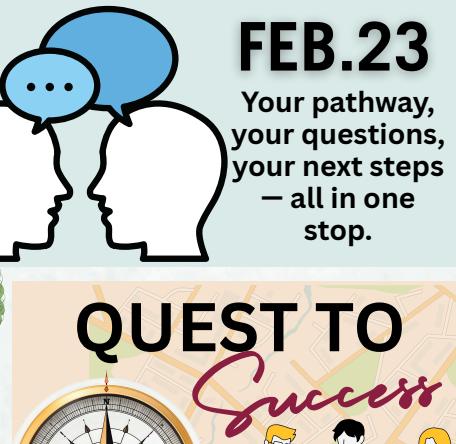
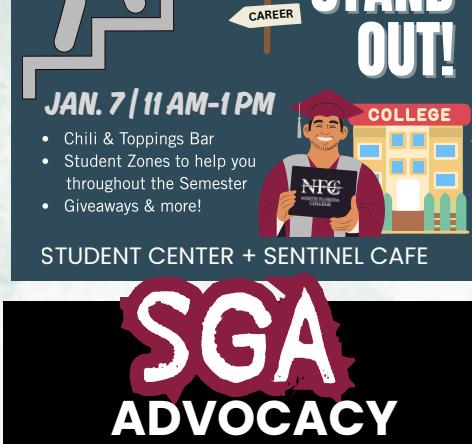
At every NFC event, look for the Sentinel Engagement QR Code.

- ✓ Scan it
- ✓ Select the event you're attending
- ✓ Earn your entry to win awesome prizes like:
  - Gas cards
  - Sentinel Café gift certificates
  - NFC Sentinel Store swag

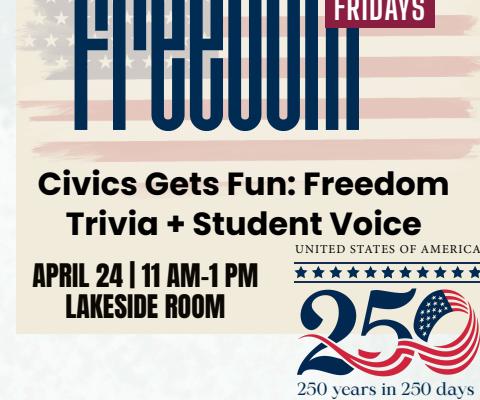


The more you participate, the more chances you have to win. Each scan is time-stamped, so only current events count—and you can only scan once per event.

Your path to engagement, wellness, workforce, and community begins here.



April 15  
11-5



# KELLY FITNESS & WELLNESS CENTER

## Wellness Wednesday

1

JANUARY 7 | 11AM-1PM

### STILLNESS & SLOWDOWN STUDIO

A PEACEFUL, QUIET, LOW-PRESSURE SPACE TO ALLOW STUDENTS TO RESET DURING THE FIRST WEEK OF THE SEMESTER.



2

FEBRUARY 4 | 11AM-1PM

### NO-PRESSURE CREATIVITY TABLE

MARKERS • WASHI TAPE • INDEX CARDS • STICKERS  
CREATE, DOODLE, MAKE AN AFFIRMATION —  
NO RULES, NO PRESSURE.

3

NOVEMBER 5 | 11AM-1PM

### COMFORT CORNER: CALM YOUR SENSES

A SENSORY-FRIENDLY OASIS FOR MIDTERM STRESS RELIEF.



4

APRIL 1 | 11AM-1PM

### THE CALM BAR: PICK YOUR CALM

A SIMPLE, SOOTHING SELF-CARE POP-UP WHERE STUDENTS CHOOSE THE CALMING ITEM THAT FITS THEIR MOOD.



Spring 2026 Kelly Fitness Center Student  
**MEMBERSHIP-DRIVE**

**BEGINNER, INTERMEDIATE,  
AND EXPERT READY-  
MADE FITNESS PLAN CARDS**



Powered by Sentinels

Wellness





FROM CLASSROOM TO CAREER —  
RIGHT HERE AT NFC

# WORKFORCE WEDNESDAY

FEB. 18 | 11 AM – 1 PM

OPEN TO ALL NFC STUDENTS

Location: Student Center Quad

## What to Expect

- Sentinel Café serving up a classic hot plate lunch
- Interactive Workforce Wall: job postings + industry partners
- Mock interviews: quick, low-pressure practice
- CareerSource North Florida: job leads and workforce support
- Sentinel Shop: NFC merchandise available for purchase
- CWE, Career & Transfer, and Student Life spotlights



Join us for Workforce Wednesday, a campus experience highlighting how NFC supports students from education to employment.



SCAN • STEP • STAND OUT

Collect Steps. Earn Perks. Students collect “Steps” through scans at events to earn gas cards, Sentinel Café and Sentinel Shop gift certificates.

Hosted by Student Life, Career & Workforce Education and Career & Transfer.